

# Nurture Yourself...

Please join us at our 2010 Complementary & Alternative Health Fair! You will learn **3** invaluable techniques to improve your well-being.

Complementary & Alternative  
Medicine Health Fair  
Saturday, January 23, 2010  
10 AM to 2 PM  
235 W Giaconda Way  
Tucson, Arizona

Door Prizes  
Refreshments  
\*Fun Energy Test  
Spinal Screenings

Starting at 11 AM,  
in classroom 215,  
we will begin our  
Intro's to Oriental  
Medicine, NLP,  
Hypnotherapy,  
& Chiropractic

## Proudly presented by the following businesses:

**AMERICAN  
HEALTH**   
**ACUPUNCTURE**  
(520) 544-6603  
[www.AmericanHealthAcupuncture.com](http://www.AmericanHealthAcupuncture.com)



*Inspired Motives, LLC*  
Hypnotherapy and NLP  
[www.inspiredmotives.com](http://www.inspiredmotives.com)  
520-797-6907

**Naturally  
Chiropractic**  
Richard Sparacino, DC  
(520) 293-3892



*Relax and Heal*  
Healing Touch for the Mind, Body & Soul  
520.327.5441 [www.relaxnheal.com](http://www.relaxnheal.com)

\* Discover your energy level with a complimentary computerized test.